

## Coffee and Chat

April and May 2022

Why not join us for Coffee and Chat on Tuesdays at 10am to 11am or 6.30pm to 7.30pm. This is an opportunity to take a break and relax as we get together to discuss a topic with a guest speaker every week. Have a look below for the themes of our next few meetings. If you are interested, then message us for a Zoom link. Text or ring Lynne 07772941347. Alternatively email [fis@wrexham.gov.uk](mailto:fis@wrexham.gov.uk) or message us on Facebook.

<p><b>Integrated Autism Service – Tuesday 26 April – 10am to 11am</b></p>
<p>Nathan Smallwood will introduce the IAS which is available in Wales to carry out adult autism assessments and other support and advice for autistic adults, parents/ carers, and professionals.</p>
<p><b>Disability and Respite Panel – Tuesday 3<sup>rd</sup> May 6.30pm – 7.30pm</b></p>
<p>The panel oversee grants which are available for short term respite for children and parents with additional needs including the extra hands grants.</p>
<p><b>Childcare – Tuesday 15<sup>th</sup> May 10.00am to 11.00am</b></p>
<p>Annette Davies and Ffion Hughes from the Childcare Team will tell us more about the work they do to promote inclusion in childcare and grants they have available including the Flying Start and Supported childcare referral and placement grants.</p>
<p><b>Groundwork - Tuesday 17<sup>th</sup> May 6.30pm to 7.30pm</b></p>
<p>Sandra Neve will join us and tell us about saving money on making energy savings in your home and reducing your fuel bills.</p>
<p><b>Occupational Therapy - Tuesday 24<sup>th</sup> May 10.00am to 11.00am</b></p>
<p>Lisa Robertson will explain how OT can help with adaptations and equipment for the home to keep your child safe and promote development and physical well being</p>